



FAMILY FUN DAY
Sunday June 13th

GRAB A FIVER TO SPEND AT PILATES PLUS!

Simply...

- 1 Buy a pair of Fit Flops...or...**
- 2 Spend over £50 on products at Pilates Plus...or...**
- 3 Book an introductory studio Pilates course.**

As well as these fantastic offers we're holding a prize draw to win a **FREE** sports massage with Di Jacket at The Sports Therapy Co

With a **Best of British** theme take a look at our stylish new clothing collection from Harry Duley. All garments Made in England and finished off by hand. Perfect for lounging or exercising in. All garments can be made to order and to your specification.

Our **Pilates Shop and Studio** will be open all day until late with experts on hand to answer your queries

Plenty of bargains to be had on our **sale stall**, with many half price offers from British designers, such as beech sandals, organic body creams, water bottles and other healthy gadgets! Don't forget **FATHERS DAY** is coming up!

£5 offers available on June 13th only. Vouchers redeemable until Oct 2010 on merchandise (not classes) at Pilates Plus. Sale goods excluded.